

# STAY UP TO DATE AND USE THE RESOURCES AVAILABLE TO PROTECT YOURSELF FROM COVID-19 IN DELAWARE

\*Información vigente al 1 de junio de 2023.

**Stay informed and use available resources!**

**1 Stay up-to-date with your vaccines against COVID-19** and help your loved ones get vaccinated! They are available for people six months and older.

**Find vaccines near you:**

- Visit [vaccines.gov](https://vaccines.gov)
- Pharmacies that offer free vaccines in Delaware



**2 Take a test:** Antigen and PCR tests for COVID-19 are available at no cost.

Find sites near you here:

- Centers for Disease Control and Prevention (CDC) [testinglocator.cdc.gov](https://testinglocator.cdc.gov)



**3 If you have symptoms of COVID-19, such as a cough, flu, fever, headache, or fatigue, look for a treatment option.**

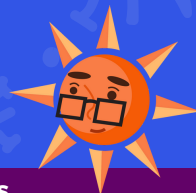
- United States Department of Health and Human Services:



**4 Stay up-to-date with SOL:**

Go to [covid-chat.org](https://covid-chat.org) to answer your questions about:

- Your labor rights
- Your right to health and safety in
- the workplace



**Protege tu salud, defiende tus derechos.**  
**Contacta al CDM al 1855-234-9699 (EUA) 800-590-1773 (MEX)**  
**[saludanuestroalcance.org](https://saludanuestroalcance.org)**