

# TDaP is a combined vaccine that prevents 3 diseases:

# T

**Tetanus (T):** causes painful muscle stiffness and spasms. The bacteria that causes it enters the body through dirty wounds.



# D

**Diphtheria (D):** causes difficulty in breathing, heart failure, paralysis, or death. It is transmitted through the air by close contact with an infected person.



# P

**Pertussis or Whooping Cough (aP):** causes violent and uncontrollable coughing that makes it difficult to breathe, eat, or drink. It is transmitted from person to person through the air when an infected person speaks or coughs.



**Protect yourself! Adults who have not received the vaccine should receive a primary dose and, in addition, a booster dose every 10 years.**

**Contact your local health department to find a vaccine.**